

A portrait of Dr. Monte O. Harris, a man with short dark hair, a goatee, and glasses, wearing a white lab coat over a patterned shirt and a dark tie. He is looking directly at the camera with a slight smile. The background is dark.

## DR. MONTE O. HARRIS

**FAVORITE PART OF YOUR JOB** The relationships and conversation that I am able to have with the most dynamic people **BEST ADVICE YOU'VE RECEIVED** Celebrate the moment **WHAT FASCINATES YOU MOST ABOUT THE HUMAN BODY** How individual components of the face can create such an elegant, distinct and unified whole **ALTERNATIVE OCCUPATION** An architect **HOBBIES** Tennis, reading architecture and interior design books, listening to jazz music **FRAMED PHOTOS ON YOUR DESK** My wife, son, and daughter **RIGHT NOW I'M READING** Presence, by Peter Senge **I START EACH DAY** With a prayer of thanks for having such a blessed life **I'M NEVER WITHOUT** Thoughts of my family **I WOULD LOVE TO OWN** A business that created a legacy for future generations

A small logo for 'Cultura' featuring a stylized figure and the word 'CULTURA' in a serif font.

### INSIDE INFORMATION

## SURGICAL SOLUTIONS FOR ALL SKIN TYPES

Dr. Monte O. Harris' philosophy of expertise matched with an appreciation for differences is illustrated best both in his **RHINOPLASTY PROCEDURE** and his targeted approach to **FACIAL REJUVENATION**. He says, "I have an aesthetic sensibility to maintain **ETHNIC HARMONY** in patients that are undergoing nasal reshaping." Dr. Harris uses the open technique for rhinoplasty, as it allows the surgeon to be very specific by visualizing the various structures in their natural positions. "I primarily use an open approach because for people of different ethnicities, there's a lot of minute manipulation under the surface of the skin, and you want to see it to be able to create an ideal symmetry." As for the targeted approach to facial rejuvenation, Dr. Harris applies a step-by-step process, which avoids the usual facelift incision and includes eyelid lifts, fat transfer, mini-cheek lifts, and facial liposuction, believing that by packaging these procedures together the patient can have phenomenal long-term results with little downtime. Due to the **HIDDEN AND SMALLER INCISIONS** that Dr. Harris uses for these procedures, this treatment approach can be safe for people of all skin tones, he says. "It is for people that are looking for a more natural alternative to the traditional facelift or for people that have concerns related to scarring."